

65 euros can feed a child for a whole school year

FORTIFIED MILK FOR PRE-SCHOOLERS

195,000 Euro Cost for 3,000 Children

Palestine is an exception as malnutrition is on the rise among children underfive. Currently, 11 out of 100 Palestinian children under-five suffer chronic malnutrition.

Islamic Relief Palestine wants to continue the supporting of Palestinian children in Gaza, aiming to combat malnutrition through providing them with their need for a part of the day, by supplying fortified milk to 4000 Palestinian children in kindergartens in the poor communities for one school year (180 day).

The project ensures that Palestinian preschoolers are provided with at least one source of nutritious food each day. Every single child will receive a packet of 200 ml fortified milk on a daily basis under their teacher's supervision, and field supervisors monitoring. Also, a recent needs assessment study by the United Nations Fund for Children (UNICEF) for kindergartens in Gaza 2011 revealed that there is an inadequate nutritional culture in the majority of kindergartens in addition to the absence of appropriate meals and safe drinking water. The study showed that the prevalence of anaemia was 72.8% among children.

The World Health Organization considers iron deficiency the number one nutritional disorder in the world. It is surprising to know that Vitamin A helps mobilize iron from its storage sites, so a deficiency of vitamin A limits the body's ability to use stored iron. This results in an 'apparent' iron deficiency because hemoglobin levels are low even though the body can maintain normal amounts of stored iron.

Please donate to end malnutrition in Gaza

School feeding for school students in poorest and marginalized areas

Nutrition and physical growth are integrally related; optimal nutrition is a requisite for achieving full growth potential. Failure to consume an adequate diet at this time can arrest or slow linear growth, also is important during this time to help prevent adult diet-related chronic diseases.

The school feeding project intends to be implemented in the poorest and marginalized areas of the Gaza Strip. It targeted 3,000 children in the primary schools distributed throughout the Gaza Strip. The main goal of this project is to combat malnutrition by supplying daily fortified sandwiches/pastries and juice to Palestinian students in schools.

Composition of the mid-morning meal (sandwiches/pastries): it weighs 120g and consists of; 50g flour, 2ml olive oil which provides 48 Kcal, 0.4g powdered milk (very good source of Ca and Vit.D) half an egg (a good source of essential minerals such as calcium, iron, phosphorus, zinc and iodine) 1.5g of thyme (rich in calcium, potassium, phosphorus, magnesium and iron).

It has a good amount of sodium and Thyme is also rich in vitamin A and vitamin C and comprises a good amount of vitamin E and niacin. 3.5g butter and 1g sesame seed (rich in iron, magnesium, manganese, copper, and calcium and contains vitamin B1 and vitamin E).

These nutrients cover most of the daily requirements for the beneficiaries to increase school enrolment and attendance. The meal provides a nutritional supplement to students with inadequate diets and will help them to concentrate and learn better in school. 210,000 Euro cost for 3,000 Children Only 70 Euro cost for one Child

Malnutrition, the condition arising from faulty or inadequate nutrition, is a growing problem for Palestinian families in the Gaza Strip. The devastating effect of the siege caused a dramatic fall in living standards and triggered a shift in diet that will damage the long-term health of those living in Gaza and has led to alarming deficiencies in iron, vitamin A and vitamin D.

The blockade of Gaza has led to a steady rise in chronic malnutrition among the 1.64 million people. The percentage of chronic malnutrition (stunting) was 13.2 % in 2008 compared to 11.4% in 2004 and 7.9% in 2002. Acute malnutrition (wasting) shows lower percentages; as 1.2% in 2008, 1.8% in 2004 and 1.7% in 2000.

Help Us end malnutrition in Palestine

PLEASE DONATE





School Uniform & Bags for Children in Gaza

ISLAMIC Relief

As a result of the severe economical situation facing Palestinians, many Palestinian families find difficulties in providing their children with their basic, but much needed schooling requirements such as school uniforms, stationery and accessories to begin their new school year.

The lack of those items harms childrens progress at school since motivation is lower and frustration is higher. Schooling becomes a punishment rather than an educational process with joy.

Therefore, Islamic Relief is implementing this project to provide children with school uniform, pair of shoes and school bags with its stationary, in order to reduce the suffering of the Palestinian children as well as to improve their educational performance.

> Only 45 Euro

Cost for one

Child

In order to encourage children especially the orphans to learn and to improve their performance at school, Islamic Relief will distribute school uniform and school bags to 3,000 children at the beginning of the school year. The school uniform will contain shirt, trousers and pair of shoes in addition to school bags with the required stationary for children.

This project will help to cover some of those expenses. Children will be able to start the new school year with increased motivation and a positive attitude towards learning.

> PLEASE DONATE TO MAKE A CHILD READY FOR SCHOOL

135,000

Eúro

Cost for 3,000

Children



Eid Clothes for Orphans

IRPAL is initiating Eid Clothes project by means of distributing new clothing to 2,000 of sponsored orphans, aiming at lessening the burden carried by orphans' guardians who cannot afford to buy new clothing for children to celebrate in Al Eid fest. In this way, Islamic Relief helps to create a sense of equality between orphaned children and their peers and to better integrate them into their local communities where every child celebrates happily.

For years; such projects have provided orphaned children in the Gaza Strip with Eid clothes in a way to let them feel the delightful Eid and alleviate the burdens from their needy families. The targeted orphans will be given coupons to buy their clothes and other outfits themselves in a very decent way. With 45% unemployment rate, and 50% of the Gaza Strip population living on less than \$2 per day, families are often unable to access even the basics of life. The numbers of 800,000 children in Gaza are living in a climate of extraordinary siege, hunger, insecurity and fear.

Most painful images are seen in the Gaza Strip where civilians live under the stifling blockade and are deprived from energy, medicine and food supplies. People are adapted to very rudimentary means in order to survive; orphans and their afflicted families are the most affected. It is no doubt that death of one or either parents introduces a major change in the life of a vulnerable child.

All these changes can easily affect their wellbeing as they can be very stressful imposing new demands and constraints to children's life. Children of orphaned families, like other children, need to wear new clothes, meet others and play happily on such an Islamic annual occasion. Unluckily, the financial situation of these families can't meet all the needs during the Eid celebrations and this may affect those orphans negatively.



Islamic Relief Worldwide - Palestine Office



1,400 Euro Cost for one student

Educational Sponsorship for Overage Orphans

140,000 Euro Cost for 100 Students

IRPAL views education as one of the main development pillars in the Palestinian territories.

It has launched this innovative project to underwrite academic education and other allowances costs for the overage orphans from the Child Welfare Program. This project will mainly target Child Welfare Programme (CWP) overage orphans (18 years and above) who has successfully finished their high school (Tawjihi).

The selected students will be joining the University for duration of (4 years) or the College for duration of (2 years). Each overage orphan student will receive monthly allowance of 100 Euro sponsorship covering tuition fees, books and transportation. The selected students will enter various departments according to their desired courses and labor market need for such majors.

An orphan is defined as a child under 18 years old who has lost a parent considered the head of the household, most often the father. Accordingly, around 100-200 orphans' sponsorships are annually terminated due to being overage orphans (18 and above).

These facts result in an evident increase in numbers of orphans 18 and above who become vulnerable to return back into the poverty for being overage orphans and thus have limited access to higher education, academic exchange and professional development due to poverty situation. With the Gaza's economy grinding to a halt, this has particularly affected orphan youths in particular (18-24) years old and pushed Gaza Strip into unprecedented devastating unemployment and poverty.

Educate a deprived student today PLEASE DONATE



Rehabilitation of Poor Orphans Homes

Islamic Relief is looking for implementing rehabilitation of homes of poor orphans' families in different areas of Gaza Strip to create healthy and dignified living environment for orphans and their families.

The project will target 50 poor orphans' homes by an average of 6 family member and the intervention works will include several works such as renovation of water and sanitation networks including provision of new appliances and water tanks, maintenance of electrical networks (power and lighting), renovation of kitchens, bathrooms and toilets, constructing new rooms for homes with available space, maintenance of windows and doors, plastering and painting of walls, any other relevant works that contribute to achieve the project goal.

Help make a decent living environment for a Palestinian orphan PLEASE DONATE The poor orphans' homes are usually very small which can't meet the family's needs especially those with large numbers. In most of these homes, the type of ceiling is made with Asbestos sheets which are known for their cancerous effects on people's health, the floor and walls are bad conditioned as well as the inadequate water and sanitary.

Additionally, most doors of these homes as well as adequate windows are absent which make them unable to protect the families from the coldness of winter and the heat of summer.

Environmental as well as physical and mental health problems occur as a result of the bad housing conditions, bad ventilation and sunning, especially to children, susceptible to different kinds of diseases.

Some changes to these homes has been made by their households who showed the willingness to participate in changing the way they live, however, due to their limited resources, they only repair the most urgent items using modest tools such as closing the windows with nylon sheets and fixing the water heating systems and roof tanks.





Supporting Poor Farmers livelihoods through micro credit

The project aims to alleviate poverty and develop a sustainable source of income for the most vulnerable groups in Gaza strip especially the farmers. This income will cover all life aspects needs including education, health and safe environment for those vulnerable targeted groups (Farmers and their families).

IRPAL will finance 40 enterprises using Islamic scheme to improve their business targeting 40 poor farmers and their family members that estimated by 280 individuals. The project will conduct awareness workshop for the beneficiaries, receiving applications from potential beneficiaries, visit the projects sites and prepare a rapid feasibility study of the projects, provide the required financial support, and business development follow-up. The agricultural sector is one of the important economic sectors which is the source of food for thousands of people in Gaza Strip. The agriculture sector was the third sector that employs the Palestinian labourers estimated at about 15% of the labour market.

Since the beginning of the second Intifada in 2000, aggressions against the Gaza Strip have caused massive losses to the agricultural sector. This included the damage and destruction of agricultural enterprises and agricultural infrastructure, in addition to uprooting trees, demolishing sheds and animal breeding farms, destruction of water wells, destruction of agricultural land and crops and destruction of irrigation systems in agricultural land.

In response to this situation, it is necessary to give the relevant support to those farmers to revive their hope and provide some kind of safe and sustainable source of income for the smaller farmers and their poor families to allow them to live with dignity.





2,000 Euro Cost / Poor Farmer's Households

Rehabilitation and Upgrading of Agricultural Wells and Irrigation Networks

According to the last statistics published by the Ministry of Agriculture (MoA) and the Palestinian Water Authority, there are 50-70 agricultural wells that were completely or partially damaged all over the Gaza Strip as a result of the Israeli military operations. So the need for rehabilitation and upgrading of damaged wells is becoming a priority need as it is one of the basic factors affecting the agricultural sector in Gaza Strip.

IRPAL intends to contribute in reconstructing and rehabilitating 9 of the agricultural wells with its irrigation networks in the Gaza Strip, and 150 households and 1200 individuals will be benefited from the action.

This project will support and enhance land reclamation and food production by rehabilitating and upgrading wells and networks in the damaged areas of the Gaza Strip, mainly the North and South. Further, these wells will provide sufficient source to many farmers in the rural areas who depend almost mainly on these wells for domestic use since they are not served by the municipality services.

The rehabilitation of the agricultural sector is a high need in the Gaza Strip. The water source, (agricultural wells), is one of the basic requirements for the agricultural activities. According to the MoA, the total number of registered agricultural wells in the Gaza Strip is more than 2000 wells.

300,000 Euro _{Cost}

for 150 house

holds

Around 40% of these wells are old and need to rehabilitated, but due to a dire economic situation in the Gaza Strip, farmers are unable to rehabilitate it. On the other hand, most of these wells damaged during the continuous Israeli military operations.

These wells affect the functioning efficiency of newer/rehabilitated wells as it curtails the quantity of water farmers can extract from them. This in turn affects the agricultural production. Consequently, the main aim of this project is to provide income generation means to poor farmers by rehabilitating their agricultural water resources.

Improve access to water PLEASE DONATE



Medication for Poor Patients

The project aims to alleviate the suffering of poor patients through provision of medical services.

IRPAL intends to continue supporting the poor patients with medical services especially those not covered by medical insurance such as:

- Provision of out-of-stock drugs and medical disposables at MOH drug store
- Medical supplies and services for poor patient such as (supportive equipment, glasses, CT-scan ...etc),

• Travel expenses for referred patients to be treated abroad (mainly in Egypt).



The Gaza Strip is currently undergoing very tough life conditions in different sectors of life. The current status has resulted in a severe deterioration of the already precarious living conditions of the people in Gaza and has further eroded a weakened health system. The current situation generally characterized by siege, blockade, poverty and conflicts, and that constitutes a major threat to the health system.

Consequences of the above situations imply that urgent measures need to be taken to support the delivery of health services and to meet the increasing demands for these services. Not surprisingly, many medicines and medical consumables have run out as they were not regularly supplied to the Gaza Strip, or their amounts were decreased to the minimum; only 20% of the Gaza Strip's actual needs have been supplied in 2012.

The healthcare system is under-funded, undersupplied and under-equipped. Therefore, it becomes vital to immediately supply all medicines and medical needs that are necessary for health facilities in the Gaza Strip to avoid further risks to the health and lives of the population of the Gaza Strip.

PLEASE DONATE